

# DOG EARED JOURNAL

HURRICANE RIDGE KENNEL CLUB  
ISSUE 03 MARCH 2019



**Club Member Carolyn Money's lovely boy Keeper  
Celebrating St. Patrick's Day**



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## HRKC Executive Officers

President: Lorraine Shore  
Vice-President: Chris Cornell  
Secretary: Mariko Saum  
Treasurer: Jo Chinn

## Board Members:

- ◇ Anne Andritsch
- ◇ Susan Parr
- ◇ Ben Andrews

## PRESIDENT'S MESSAGE

Spring has sprung (almost) and we've gone from snow and cold to the 2nd driest March on record! Living in the Pacific Northwest really gives us a taste of everything. As we March through the year into our show season we are making progress on our upcoming Agility/Rally/Obedience Trials held May 31, June 1 and June 2, 2019 at the Carrie Blake Baseball Fields. You can find the Premium List for the trials on our website: <https://www.hrkc.org/>

As always the mantra is Volunteer, Volunteer, Volunteer!!!!!!!

Our club members are the glue that hold our events together and provide a wonderful, enjoyable time for members, exhibitors and the public. Thanks to club members we will have food provided to the workers and judges at our A/R/O. The Equestrian Team will assist us in setting up and tearing down, taking a great load off our not so young backs:-)

We have had some great programs already this year! A big thank you to Deb Cox from the Puppy Pilots Club for the Guide Dogs for the Blind who brought her Guide Dog in Training, Julius, to our February meeting and educated us on how the Guide Dog program works. She provided some great information on how the dogs are bred, selected and trained. Myself and Polly Sarsfield were honored to be invited to bring our dogs (Nevada and Journey) to the Puppy Pilots Meeting the next week where they helped the new pups learn how to behave around other dogs. We were also able to participate in Julius' Graduation Ceremony as he was headed to the main training center in Oregon for more advanced training.

At our March meeting, Mariko Saum brought her Westminster Breed winning boy, Diznee to the meeting and spoke to everyone about the experience of "Specialing" a dog and what it takes to win the breed at the largest dog show in the United States!

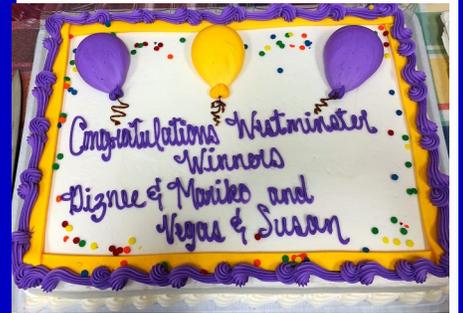
Anne Andritsch brought a beautiful Westminster themed cake and everyone was able to meet and greet Diznee. Susan and Vegas couldn't make it due to a Colorado trip so she will have to bring her girl in April:-)

Lorraine



### MARCH 2019 MEETING

### PHOTOS



# MEET YOUR BOARD MEMBERS

## • BEN ANDREWS



Ben Andrews works in Sequim at Clallam County Fire District No.3 and lives in Agnew with his wife Leah, and sons Aaron (19) and Ryan (13).

His family entered the world of conformation dog shows with their Bullmastiff GCH Barb'Eric's Warrior Bane when he was 18 months old. Their breeder convinced them to show Bane, bought as a pet, after seeing video of him playing in the back yard. His very first show was the Hurricane Ridge Kennel Club Show in 2016 where he went in completely untrained and although he didn't earn any points, a wonderful judge encouraged them to continue to show him. Well the next show Bane won Winners Dog for 5 point majors for two days, and Reserve Winners Dog to 5 point majors the other two. Needless to say the family was hooked. By the end of the year both Aaron and Ryan were showing in Juniors and Leah was training and grooming dogs as well as coaching the boys in handling.

Since then the family has added a second Bullmastiff (Bane's mom) and a French Bulldog to the pack. They all enjoy the challenge, the learning, and the friendships that revolve around the sport they can participate in as a family. Their breeders are like family as well as being mentors. Ben, Leah, and Aaron have trained in scent work. Ben and Aaron with the Bullmastiffs and Leah with her Frenchie. This led to Leah being the scent work Trial Chair and Ben being the Trail Secretary at the HRKC's first AKC scent work trial July of 2018.

They are members of the American Bullmastiff Association, French Bulldog Club of America, French Bulldog Club of Puget Sound, Pacific Northwest French Bulldog Club and the Hurricane Ridge Kennel Club.



# MEMBER SPOTLIGHT



I am Carolyn Money and have been on this earth almost 82 years as of September 2019. I started out in a little southern town of about 5,000 people.

My dad was in the Military and after World War II ended we started traveling with him, mainly in the Eastern part of the US and Europe.

After our European assignment he was sent back to the US to a base in Colorado. I graduated from High School there in 1955 and attended a business college and trained to be a model and modeled for a dept. store and other organizations.

At an early age I wanted to be an actress and dancer and found many opportunities to perform with the Special Services on the army base in Colorado. After being there for three years my dad was sent to Vietnam so mom moved us back to our home in the south and I started to college in Tennessee and graduated in 1961 with a BA Degree majoring in Speech and minoring in English.

I was active in the campus theater and won the Best Actress Award for my role of Ida Rheingold in the Melodrama, "Dirty Work at the Crossroads" in my senior year. After I graduated, I went to California for a year but ended up back in Tennessee and taught school for three years, while continuing my love of the theater and being in every production put on by the local little theater groups and danced with the local ballet company.

Then as fate would have it I was visiting relatives over Mother's Day, in 1966 when this handsome pilot, who was the son of a friend of theirs, was home on vacation. I guess you could say it was LOVE at first sight. We were married two months later and it has been going on for 53 years this July. That began a whole new chapter as Jim was on his way to Hong Kong where he was flying the military on their R and R's on a government contract with the airline company he was working for from Korea to Taiwan, Bangkok, Singapore, Japan etc. and I got to see all those places with him. Our first son was born there. At the end of that tour we went back to the US until Jim applied for an opening in Berlin, Germany. We transferred there where our second son, was born.



## MEMBER SPOTLIGHT



While in Germany Jim took up International Skeet Shooting and he shot in tournaments all over Europe and became quite good at it and we got to see a lot of sights during our traveling to them. From there we moved to Mexico while Jim commuted to Florida for his flying job. After a year of that he decided to bid for an opening in Seattle. We lived in a small town close to the airport with two active sons and I was the PTA Vice President, Room Mother, Cub Scout leader and started playing women's soccer.

Unfortunately that ended after about five years and Jim bid for an opening in Los Angeles. We moved to California where we lived for 13 years. While there I continued as a room mother, worked in the high school dining room, was a school crossing guard, my younger son's soccer coach and started a Women's Soccer League. My team went on to win many tournaments in the over 30 and over 40 Divisions.

In 1990, my husband decided to retire and when he went in to turn in his retirement papers he found out he was senior enough to be a Captain on the 727 and there was an opening in Berlin so he bid for it and got it. We sold our house and off to Berlin we went once more, this time without the boys, who were grown and in colleges in the USA. Unfortunately after being there about 6 months the airline started going downhill and we were sent back to the USA. Jim retired in the fall of 1991 and we headed for Sequim, where we have now lived for 28 years this coming August.

We had only had one dog in our early married life, Skeet, named for Jim's love of the sport. When he died I didn't think I could go through that again so we were dogless for over 15 years, until we built our house in the woods and our neighbor said we needed a dog. We started going to dog shows and decided a Golden Retriever would be the perfect dog for us. We got a catalog and called every Golden Breeder in it until we found one having a litter. That is how Lady Bug came into our lives.

At one of the dog shows we were looking around and saw some people doing obedience and I said that is what I want to do. I started Lady Bug in obedience and then Agility started up so we did that too.



# MEMBER SPOTLIGHT



I just happened to go to the Pepperoni Dog Obedience Western Championship in Tacoma in 1998 (I think) and they were having a demo of Musical Canine Freestyle Dancing and I fell in love with it. A group from Canada had

a booth there and I bought a video they were selling and that is how I started Dog Dancing. I began to teach Lady Bug from the video and a few years later Elaine Diedrich went to San Diego to an ADPT (SP) meeting and they had a demo there with Ray Underwood from Canada and Patie Ventre from the US and she came back all excited about it. Elaine and I went up to Canada and did some training with Ray Underwood and joined the group up there, Paws 2 Dance. A few years later we started a satellite club in Washington.

Since Lady Bug, I have had Promise, Sunny, Hunter and now Keeper who have been my dance partners. Although Freestyle is my passion, I also do Rally, Obedience, Nosework, Parkour and Trick Dog with Keeper. We haven't set the world on fire with our titles but we sure have a lot of fun. Sunny and I did win the annual prestigious HRKC award donated by Fred Page in honor of his dog for High Scoring Obedience Dog in 2012.

Oh, I forgot to mention I also started Hula dancing 11 years ago with a group of Ladies at the Sequim Senior Center. I take lessons twice a week and practice on Saturdays so my days are not dull between the dog training and Hula, taking long walks with my husband and collecting rocks which are quite bountiful at our house. Someday when I have time I hope to take up rock painting.



I have been a member of the Hurricane Ridge Kennel Club since before we got Lady Bug in 1995, 24 years. WOW! A great organization and have loved being associated with such a supportive group of people. Don't forget to support our upcoming Raffle, that I am Chairman of, at the July Hurricane Ridge Kennel Club Show.



THE HURRICANE RIDGE KENNEL CLUB  
General Meeting Minutes  
February 20, 2019

The Hurricane Ridge Kennel Club general meeting was called to order at 7:05 p.m. on February 20, 2019 at the Pathways Training Center in Sequim, WA. Officers present: President: Lorraine Shore, Vice-President: Chris Cornell  
Directors present: Ben Andrews.

**Roll Call:** Bruce and Hattie Good, Marie Hooper, Joe Larson, Bill and Susie Metzger, Carolyn Money, Pat and Cathy Regan, Valerie Stanert,

**Guests:** Deb Cox (Presenter), Elaine Diedrich and Richard Smith.

There were 13 members and 3 guests present. There was a quorum for this meeting.

**Approval of Minutes:** The minutes from the January 16, 2019 General Membership Meeting were unanimously approved. The minutes can now be posted on the Club's website. Motion to approve minutes by Hattie Good, 2<sup>nd</sup> by Carolyn Money.

**Guest Presentation – Guide Dogs for the Blind:** Presentation on the Guide Dogs for the Blind program by Deb Cox (Puppy Pilots Club Leader). Our club, Puppy Pilots, represents Guide Dogs for the Blind <https://www.guidedogs.com/> an international provider of skilled guide dogs to sight-impaired people free of cost. Guide Dogs for the Blind is headquartered in San Rafael, CA. We are one of 20 clubs in Washington State. We are a guide dog puppy-raising club and our mission is to raise puppies to prepare them for further formal training. Our website is <http://puppypilots.org/puppy/> which has our meeting schedule on it, as well as photos and histories of our pups in training. We started as a club in August of 2007. Our Facebook page is at <https://www.facebook.com/PuppyPilots?ref=hl>

Deb started with the club in 2007 and is currently co-raising puppy #11, Julius, who is 13 months old. Deb spoke about the Guide Dog program and how puppy raisers obtain their new pups and the training program.



**President's Report:** None

**Secretary's Report:** None

**Treasurer's Report:**

Current Balances:

Washington Federal Money Market: \$9344.64

Washington Federal CD: \$30,609

Sound Community Bank: \$2376

Income and Expenses:

1. Reimbursed Mariko Saum for out-of-pocket expenses for the Ron Fye trophy
2. Paid trailer license
3. Paid credit card bill
4. Paid Equisure for insurance
5. Paid Pathways for 10 months of facility rental for general membership meetings
6. Paid Pathways for four months of facility rental for Sunday handling classes.
7. Paid the Blake Family for ARO parking on their grounds.
8. Deposited membership dues.
9. Prepared and sent tax documents to accountant.
10. Renewed our business license with the Washington State Department of Revenue.
11. Filed our annual charity report with the Secretary of State.

**Committee Reports:**

✚ **Membership:** None

✚ **A/R/O – Show Dates May 31, June 1 and June 2, 2019**

- Chris Cornell passed around a sign-up sheet for volunteers.

- Club member Jill LaGrange and her friend Susan Paulsen have offered to provide food for workers at A/R/O
- Volunteers from membership needed for set up
- Volunteers from membership needed for Score and timing with a seminar offered on the 30<sup>th</sup> of May to educate volunteers to be held at Carrie Blake Park

 **All-Breed Show – Show Dates July 26 – 28, 2019**

- Volunteers from membership needed for Hospitality, feeding approximately 60.
- A food vendor to serve the public for all three days is needed so any members who have information on potential food vendors are asked to send that to Joe Larson ASAP.
- Conformation ring stewards are needed to help offset club costs. There are 5 – 6 stewards needed each day.
- Chris Cornell will be looking for volunteers for Rally and Obedience as well.
- Volunteers needed from membership to help with parking. Would like to have several signed up by March.

**HRKC Scent Work:**

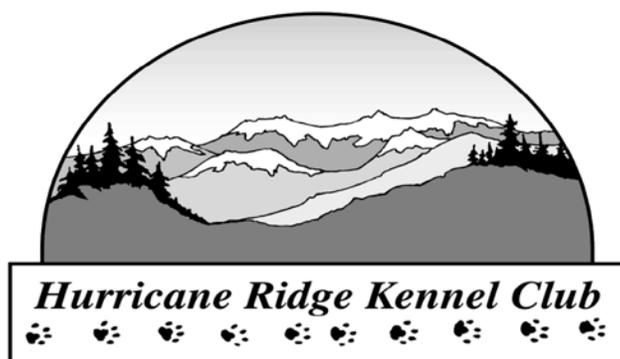
- Ben is working on the weekend of October 12 and 13<sup>th</sup>.
- Elaine suggested reciprocal help for Ring Stewards from UKC for the HRKC Scentwork Trial and HRKC members to assist with the UKC Scent Trial in April. UKC needs 6 volunteers.

**Old Business:** None

**New Business:**

The meeting adjourned at 8:15p.m.

Respectfully submitted: Lorraine Shore



**HURRICANE RIDGE KENNEL CLUB**  
**Three All Breed Shows & Three Obedience & Rally Trials**  
**July 27 – July 29, 2019 \* Sequim, WA**

**Trophy Sponsorships!**

***Hello to All!***

It is time to plan for the Trophy Awards that will be presented at this year's Shows! In addition to the ribbon awards, HRKC will be offering specially selected items chosen by the Kennel Club.

***For the 2019 Shows:*** We are **EXCITED to offer three days of shows this year!** and again we are asking for sponsors for Best in Show, Group, Breed, Class Winners, and Obedience and Rally awards. We hope you will offer, or assist in arranging for, sponsorships for participating breeds or classes - everyone is invited to sponsor trophies! Please sign up for the awards you wish to sponsor on the enclosed form. Be sure to designate how you want your sponsorship listed in the program. Your sponsorship fee helps cover the cost of the individual trophies you sponsor. HRKC gladly accepts general trophy fund sponsorships in your name in any amount!

All sponsorship requests will be honored on a first come basis and must be accompanied by payment in the amount of the total sponsorship.

**Deadline for sponsorship listing in the Premium List is Tuesday April 31, 2019.**

You can sign up for sponsorship by completing the attached form & returning it:

- By Mail to: Jan Garrison, PO Box 2138, Sequim, WA 98382

Jan Garrison  
2019 Awards  
360-461-9702

***Thank you in advance for your support of the HRKC show and the awards program!***



## It's Not Just Grain-Free: An Update on Diet-Associated Dilated Cardiomyopathy

[T vetnutrition.tufts.edu/2018/11/dcm-update](https://vetnutrition.tufts.edu/2018/11/dcm-update)

by Lisa M. Freeman, DVM, PhD, DACVN

November 28, 2018



You may have read my June 4 post, "A broken heart: Risk of heart disease in boutique or grain-free diets and exotic ingredients." This post had more than 180,000 page views in the first week and continues to get more than 2000 page views a day. So, I'm pleased that people are interested in this important issue and trying to learn about it. But I've also found a tremendous amount of confusion and misinformation in the past 5 months including people who doubt that this is a real issue, some who still haven't heard about it, and people who mistakenly think it's just grain-free diets or that it's only related to taurine.

As a result of the continued confusion, some of my cardiologist colleagues and I wrote an article which was published in the latest issue of the *Journal of the American Veterinary Medical Association*. This article provides a summary of our current understanding of diet-associated dilated cardiomyopathy (DCM), how to recognize it, and a recommended protocol for veterinarians to follow when they see dogs with DCM.

To be sure this information reaches as wide an audience as possible and to clear up confusion, I thought I'd provide some updates to address the most common misconceptions I'm hearing:

1. *It's not just grain-free.* This does not appear to be just an issue with grain-free diets. I am

calling the suspected diets, “BEG” diets – boutique companies, exotic ingredients, or grain-free diets. The apparent link between BEG diets and DCM may be due to ingredients used to replace grains in grain-free diets, such as lentils or chickpeas, but also may be due to other common ingredients commonly found in BEG diets, such as exotic meats, vegetables, and fruits. In addition, not all pet food manufacturers have the same level of nutritional expertise and quality control, and this variability could introduce potential issues with some products.

2. *Most dogs being diagnosed with DCM do not have low taurine levels.* Some owners continue to feed a BEG diet but supplement taurine thinking that this will reduce their risk for heart disease. In our hospital, we currently measure taurine in all dogs with DCM, but more than 90% of our patients with DCM in which taurine has been measured have normal levels (and the majority are eating BEG diets). Yet some of these dogs with DCM and normal taurine levels improve when their diets are changed. This suggests that there’s something else playing a role in most cases – either a deficiency of a different nutrient or even a toxicity that may be associated with BEG diets. Giving taurine is unlikely to prevent DCM unless your dog has taurine deficiency. And given the lack of quality control for dietary supplements, you can introduce new risks to your dog if you give a supplement without evidence that she needs it.
3. *Raw diets and homemade diets are not safe alternatives.* Out of concern, some owners are switching from BEG diets to a raw or home-cooked diet. However, we have diagnosed DCM in dogs eating these diets too. And raw and home-cooked diets increase your dog’s risk for many other health problems. So, forego the raw or home-cooked diets and stick with a commercial pet food made by a well-established manufacturer that contains common ingredients, including grains. If your dog requires a home-prepared diet for a medical condition or you feel strongly about feeding one, I strongly recommend you consult with a Board-Certified Veterinary Nutritionist™ (acvn.org). However, because home-cooked diets are not tested for safety and nutritional adequacy like good quality commercial diets, deficiencies could still develop.

### **Current thoughts on DCM**

Currently, it appears that there may be three separate groups of dogs with DCM (although this may change as we learn more). I am listing them in the approximate frequency that we are currently seeing them in our hospital:

1. *Diet-associated DCM with normal taurine levels.* While this form of the disease was first identified in dogs of breeds not predisposed to DCM that are eating BEG diets, it appears to also occur in dogs of typical DCM breeds that are eating a BEG diet.
2. *Primary DCM in predisposed breeds that is unrelated to diet.* This is the traditional, genetically-related DCM in typical breeds, such as the Doberman Pinscher, Boxer, Irish Wolfhound, and Great Dane.

3. *Diet-associated DCM with taurine deficiency*: This is the least common form we are seeing in our hospital. This appears to happen both in breeds predisposed to DCM and breeds that are not predisposed to DCM.

## Common questions

We still have a great deal to learn about diet-associated DCM. However, I'm providing answers to some common questions I've been getting based on what is currently known:

1. *What's causing diet-associated DCM in dogs?* **For the vast majority of dogs, we do not yet know what is causing this disease.** There are definitely some dogs with DCM that have low taurine levels, many of which will improve with taurine supplementation and change of diet. For dogs that have normal taurine levels, however, other nutritional deficiencies may be present. Some nutritional deficiencies can affect the heart's normal function, so an insufficient amount of these nutrients (or reduced bioavailability) in the diet could cause heart disease. Diet-associated DCM could also be due to an ingredient in the food that is toxic to the heart. The FDA and many researchers are actively studying this issue so that it can be solved as quickly as possible.
2. *My dog was diagnosed with DCM. What should I do?* **Ask your veterinarian to measure taurine levels and give heart medications as directed by your veterinarian.** If your dog is eating a BEG diet or other unconventional diet (including vegetarian, vegan, or home-prepared diets), I recommend following the steps outlined in my previous post, including switching to a non-BEG diet. Three updates to my previous post are:
  - *Taurine supplements*: Consumer Lab is expected to release a report on independent quality control testing of taurine supplements in late 2018. Given the lack of quality control for dietary supplements (human and pet), having these results will be very useful to find good quality products for dogs that require taurine supplementation. Your veterinarian or veterinary cardiologist can help you determine an optimal dose for your dog.
  - *Other dogs in the household*: We are now recommending that other dogs in the household of dogs with DCM that are eating the same BEG diet be screened by their veterinarian since their hearts could also be affected (even if they are showing no symptoms).
  - *Outcome*: Not all dogs with DCM will improve and improvements in the echocardiogram, when they do occur, can take a long time (often more than 6 months).
3. *If my dog is eating a BEG diet but has no symptoms, should I test for DCM or switch to a different diet?* It's unlikely that most dogs eating a BEG diet will develop DCM. **However, given the fact that we don't yet understand why BEG diets are affecting some dogs and because DCM is a life-threatening disease, I recommend you reconsider your dog's diet until we know more.** Contrary to popular belief, there are no health benefits

of grain-free or exotic ingredient diets except in the rare case of food allergy. If your dog is a part of your family and you want to feed him the very best, be sure to base this important decision on more objective factors than marketing and the ingredient list (see our post).

Be sure to watch for early signs of heart disease – weakness, slowing down, less able to exercise, shortness of breath, coughing, or fainting. If you notice any of these, get your dog checked out by your veterinarian who will listen for a heart murmur or abnormal heart rhythm (although not all dogs with DCM have any changes that can be heard with a stethoscope). Your veterinarian (or a veterinary cardiologist) may do additional tests, such as x-rays, blood tests, electrocardiogram, and ultrasound of the heart (echocardiogram – the test of choice to diagnose DCM). Tell your veterinarian what you're feeding your dog. You can help your veterinarian by bringing a list of everything your dog eats to every appointment.

If your dog has no symptoms, additional testing is really up to you. Some owners have measured plasma and whole blood taurine levels or scheduled an echocardiogram to check their dog's heart size and function. However, given the cost of an echocardiogram, other owners have elected to have their veterinarian do a blood test called NT-proBNP, which goes up when the heart is enlarged. While a normal value doesn't guarantee your dog has no heart disease, a high level suggests your dog's heart should be evaluated further.

4. *Has diet-associated DCM been seen in cats?* The association between BEG diets and heart disease has only been reported in dogs so far. However, that doesn't mean cats are immune. If your cat is diagnosed with DCM and is eating a BEG, vegetarian, vegan, or home-prepared diet, I recommend following the same protocol as described for dogs with DCM.

Lastly, if your dog has been eating a BEG diet and has been diagnosed with DCM, please don't feel guilty. I've talked to owners who feel terrible because they wanted to provide the finest care for their dog by feeding them the best diet possible. They often spent a lot of money buying an expensive boutique diet and now that same diet may be associated with their dog's heart disease. Trying to decide what is really the best food is confusing and difficult because of the many different products available, nutrition fads, and compelling marketing. My hope is that the one bright side of this serious situation is that it will shine a light on the complexities of making safe and nutritious pet food and the importance of nutritional expertise and quality control, rather than just what is new and trendy.